

Spring BreakOut

FOR CHILDREN AND YOUTH

West Vancouver is jumping into this season with tons of events and things to do at our facilities on your **Spring Break!** Come join the **excitement** as you shake the winter out of your mind. **Cut loose** and get outside with adventures at Gleneagles! **Get your hair wet** at the Aquatic



Centre's theme days or crash into some of the fantastic first aid courses. Put your feet up and relax at the library or **tickle your funny bone** with a play at the Kay Meek Centre. Hurry up and **carve some turns** at the Ice Arena 'cause the weather's warming up and flip-flops are coming back in style! And, for some extra **flips and flops** try the gymnastics camps!



We're your guide to fun this spring, so shake off winter and **BreakOut!**

Day Camps

Community Camp (3-5Y)

Come and join us for this fun-filled, action packed Spring Break camp! Fun-filled camp will include arts and crafts, cooking, games, songs stories and more! Please send children with snack and water bottle.

Arena

Mon-Fri	3Y - 5Y		\$92
349369	Mar 12-16	9:00am-11:30am	
349371	Mar 19-23	9:00am-11:30am	



Community Camp (6-10Y)

This camp sampler will include skating, arts and crafts, games and swimming. Please send children every day with appropriate clothing, lunch, water bottle, skates, gloves, helmet, bathing suit and towel.

Arena

Mon-Fri	6Y - 10Y		\$219
349370	Mar 12-16	8:45am-3:00pm	
349372	Mar 19-23	8:45am-3:00pm	

Skating Skill Development

Participants will work on skating skills specific to their level of ability. The session will also include games and fun.

Arena

Mon-Fri	5Y - 10Y		\$45
400317	March 12-16	1:30pm-2:15pm	

Spring Break Hockey

This program will divide players into two teams and play one-hour scrimmages that are supervised and coached. Goalies welcome, but please call Caroline at 925-7252 to register as a goalie.

Arena

Mon-Fri	4Y - 6Y		\$50
400367	March 12-16	2:30pm-3:30pm	
Mon-Fri	7Y - 10Y		\$50
401467	March 12-16	2:30pm-3:30pm	

Spring Break Cooking and Crafts

Learn new recipes and try new craft projects.

Gleneagles Community Centre

Mon-Fri	6Y - 10Y		\$73
351471	Mar 19-23	11:00am-1:00pm	

Spring Break Pottery Camp

Learn hand building, glazes, create animals, vases, and works of art!

Gleneagles Community Centre

Mon-Fri	6Y - 10Y		\$63
351469	Mar 19-23	9:00am-11:00am	

NEW! Spring Break Sportball Camp

Focus on the seven sports: basketball, baseball, hockey, soccer, volleyball, tennis and golf; plus arts and crafts, snack time, stories, music, cooperative games and theme days.

Gleneagles Community Centre

Mon-Fri	6Y-10Y		\$150
351472	Mar 19-23	1:00pm-4:00pm	

NOTE: Participants can combine Cooking & Crafts, Pottery and Sportball Camps for a full day camp.



Gym School Break Gymnastics Camps

Gymnastics, trampoline, creative dance, and art work will be the focus of this camp.

Gymnastics Centre, 1431 Clyde

Mon-Fri	3Y - 5Y		\$110
349440	Mar 19-23	9:00am-11:30am	
Mon-Fri	5Y - 8Y		\$110
349442	Mar 19-23	12:30pm-3:00pm	

Spring BreakOut

Golf Camp

Includes instruction in the full swing, putting, chipping and etiquette with 5 rounds of golf at Ambleside Golf Course. Please bring your own clubs if you have them, or some will be available for those who do not. Child must be 8 years old by start of class. No exceptions.

Ambleside Park

Mon-Fri	8Y - 12Y	\$175
351467	Mar 12-16	1:00pm-5:00pm

Group Snowshoeing

Strap on some snowshoes and take a walk in the winter wonderland of the North Shore. We provide transportation, guides, snowshoes, poles, hot chocolate and snacks. Maximum 13 people in your group, we custom tailor the route and difficulty to meet your needs. Additional activities include snow cave building. No experience necessary. Must be at least 8 years old. Call for group members under 8 years. Bookings needed one week in advance.

Gleneagles Community Centre

Su	All Ages	\$425
348876	Mar 18	11:00am-3:00pm

Arts EXPRESS

Picasso, Cassatt, Rembrandt and O'Keefe... all great artists have to start somewhere! This week-long fine art program is designed to immerse its participants into the world of contemporary art. Arts EXPRESS will encourage self expression through drawing, painting, assemblage, installation and collage. Art history references and stories will augment the hands

on activities. This could be the program that gets your child on the road to artistic stardom!

Silk Purse Art Studio

Mon-Fri	5Y - 7Y	\$108
343967	Mar 12-16	9:30am-12:00pm
343969	Mar 19-23	9:30am-12:00pm
Mon-Fri	8Y - 11Y	\$108
343968	Mar 12-16	1:00pm-3:30pm
343970	Mar 19-23	1:00pm-3:30pm

Spring Break Art Week

Be creative! Spend the week seeing and making art. Participants will learn about different ways to have fun with art materials and go home each day with something new. Cost includes all materials.

West Vancouver Museum & Archives

Mon-Fri	6Y - 8Y	\$125
351184	Mar 19-23	1:00pm-4:30pm
Mon-Fri	9Y - 12Y	\$125
358917	Mar 12-16	1:00pm-4:30pm

Spring Break Water Mania Camp

Participants will spend half of the day playing cooperative games and creating crafts in the Fish Bowl room at the Aquatic Centre. The other half of the day includes participating in Swim Kids swim lessons and playing water sports and games in the pool. This is an exciting chance for your child to progress in their swimming skills and stay active.

Aquatic Centre

Mon-Fri	7Y - 12Y	\$269
349167	Mar 12-16	9:00am-3:00pm
349168	Mar 19-23	9:00am-3:00pm



Swim BronzeMed/Sr Res/BronzeCross CRASH

This is a Bronze Medallion, Senior Resuscitation & Bronze Cross crash course. Candidates must be 14 years old by the last day of the course.

Aquatic Centre

Mon-Fri	14Y and up	\$275
348117	Mar 19-23	9:00am-5:00pm

Swim Lifesaving Instructors

This course certifies candidates to teach Bronze Star to Bronze Cross. Minimum age is 16 with a Bronze Cross or higher.

Aquatic Centre

Sat-Wed	16Y and up	\$264
339873	Mar 17-21	4:00pm-9:00pm

Swim Volunteer Program

To become a volunteer at the West Vancouver Aquatic Centre you must be at least 14 years old, and have current certifications in Bronze Cross and Assistant Water Safety Instructor. Those over 19 years of age will be required to complete a Criminal Record Check.

Aquatic Centre

Fri	14Y and up	Free
339496	Mar 23	3:30pm-5:00pm

March 10-24




West Vancouver Facilities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
 <p>March 11</p> <p>Arena Lessons 12:45pm-3:00pm Public Skate 3:15pm-4:30pm</p> <p>Aquatic Centre Adult/Family Swim 8:00am-9:00am & 11:30am-1:00pm Lessons 9:00am-11:30am All Ages Swim 1:00pm-10:00pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 9:00am-4:15pm</p> <p>Gleneagles Wt Room Open 9:00am-5:00pm</p> <p>WV Gym Centre (1431 Clyde) Closed</p>	 <p>March 12</p> <p>Arena Family Skate/Community Camp 10:15am-11:30am Noon Hour Hockey 11:45am-1:15pm</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-9:00pm Moonlight Swim 9:00pm-10:30pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Closed</p>	 <p>March 13</p> <p>Arena Adult / Senior Skate 9:00am-10:15am Ice Dance 10:30am-11:30am Noon Hour Hockey 11:45am-1:15pm Public Skate 3:45pm-5:00pm</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-10:30pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Closed</p>	 <p>March 14</p> <p>Arena Family Skate/Community Camp 10:15am-11:30am Kids only Stick and Puck 11:45am-1:15pm Public Skate 3:45pm-5:00pm</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-10:30pm Moonlight Swim 9:00pm-10:30pm Slide open 1:00pm-5:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Closed</p>
<p>March 18</p> <p>Arena – Closed</p> <p>Aquatic Centre Adult/Family Swim 8:00am-11:00am All Ages Swim 11:00am-10:00pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 9:00am-4:15pm</p> <p>Gleneagles Wt Room Open 9:00am-5:00pm</p> <p>WV Gym Centre (1431 Clyde) Open for Camps</p>	<p>March 19</p> <p>Arena – Closed</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-9:00pm Moonlight Swim 9:00pm-10:30pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm Theme Day: Bugs & Critters! 1:00pm-5:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Open for Camps</p>	<p>March 20</p> <p>Arena – Closed</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-10:30pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm Theme Day: Jungle Fever! 1:00pm-5:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Open for Camps</p>	<p>March 21</p> <p>Arena – Closed</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-10:30pm Moonlight Swim 9:00pm-10:30pm Slide open 1:00pm-5:00pm Theme Day: Spaced Out! 1:00pm-5:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Open for Camps</p>

Spring BreakOut



Day Spring Break Hours

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>March 10</p> <p>Arena Kids Only Stick and Puck 1:00-2:00pm Lessons 2:15pm-3:00pm Public Skate 3:15-4:30pm Regular Stick and Puck 4:45-5:45pm</p> <p>Aquatic Centre Adult/Family Swim 6:00am-9:00am Lessons 9:00am-1:00pm All Ages Swim 1:00pm-10:00pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 9:00am-7:00pm</p> <p>Gleneagles Wt Room Open 8:00am-7:00pm</p>
<p>March 14</p> <p>Camp 10:45am-12:00pm 12:15pm-1:15pm 3:45pm-5:00pm</p> <p>5:30am-1:00pm 1:00pm-9:00pm 9:00pm-10:30pm 10:30pm & 7:00pm-9:00pm</p> <p>8:30am-8:15pm</p> <p>6:00am-9:00pm (Clyde)</p>	<p>March 15</p> <p>Arena Family Skate/Community Camp 10:15am-11:30am Noon Hour Hockey 11:45am-1:15pm</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-10:30pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Closed</p>	<p>March 16</p> <p>Arena Adult / Senior Skate 9:00am-10:15am Ice Dance 10:30am-11:30am Public Skate 11:45am-1:15pm</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-10:30pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Closed</p>	<p>March 17</p> <p>Arena – Closed</p> <p>Aquatic Centre Adult/Family Swim 6:00am-11:00am All Ages Swim 11:00am-10:00pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 9:00am-7:00pm</p> <p>Gleneagles Wt Room Open 8:00am-7:00pm</p> <p>WV Gym Centre (1431 Clyde) Closed</p>
<p>March 21</p> <p>World Forestry Day!</p> <p>5:30am-1:00pm 1:00pm-9:00pm 9:00pm-10:30pm 10:30pm & 7:00pm-9:00pm 1:00pm-5:00pm</p> <p>8:30am-8:15pm</p> <p>6:00am-9:00pm (Clyde)</p>	<p>March 22</p> <p>World Water Day!</p> <p>Arena – Closed</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-10:30pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm Theme Day: Rodeo Royal! 1:00pm-5:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Open for Camps</p>	<p>March 23</p> <p>World Meteorological Day!</p> <p>Arena – Closed</p> <p>Aquatic Centre Adult/Family Swim 5:30am-1:00pm All Ages Swim 1:00pm-10:30pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm Theme Day: Toga Party! 1:00pm-5:00pm</p> <p>Gleneagles Office Open 8:30am-8:15pm</p> <p>Gleneagles Wt Room Open 6:00am-9:00pm</p> <p>WV Gym Centre (1431 Clyde) Open for Camps</p>	<p>March 24</p> <p>Arena – Closed</p> <p>Aquatic Centre Adult/Family Swim 6:00am-11:00am All Ages Swim 11:00am-10:00pm Slide open 1:00pm-5:00pm & 7:00pm-9:00pm</p> <p>Gleneagles Office Open 9:00am-7:00pm</p> <p>Gleneagles Wt Room Open 8:00am-7:00pm</p> <p>WV Gym Centre (1431 Clyde) Open for Camps</p>

March 10-24

Spring Lessons

Sign your child up for our ever-popular Red Cross Swim Kids Programs or our Preschool Swim Program. Lessons will run from March 12-23 from 9:00am-11:00am. For details please check page 32 of the Leisure Guide or go to www.westvancouver.ca

Aquatic Centre

Theme Days

Looking for something fun to do with the kids over spring break? Join us for our special event swims from 1-5pm. Try things like chasing butterflies, ride the bucking dino-bronco, or travel way back in time. All these events are taking place Monday to Friday from March 19-23. See Calendar for details.

Aquatic Centre

Canadian Red Cross Babysitter's Course

Learn babysitting skills in this Red Cross certification course. Covers the basics of supervision and emergency procedures. Designed for youth responsible for other children or those who may be at home alone. 100% attendance is required to receive a certificate.

Gordon House

Mon-Fri	11Y - 16Y	\$60
348268	Mar 12-16	4:00pm-6:00pm

Gleneagles Community Centre

Mon-Fri	11Y - 16Y	\$60
348270	Mar 19-23	10:00am-12:00pm

Adventure!

Spring Break Adventures

Do something new every day of Spring Break! Action-packed days of out-trip adventures like laser tag, bowling, skating, swimming, crafts, cooking, sports and games. This will be an awesome way to spend your break.

Gleneagles Community Centre

Mon-Fri	6Y - 12Y	\$220
351417	Mar 12-16	8:45am-3:00pm



Skateboard Build and Ride Camp

Build your own skateboard and learn to ride it! We provide the deck, trucks, wheels and you paint your board and then put it together. We spend a couple of days learning to ride at local skate parks and bowls. All skill levels welcome. Please bring your own lunch and helmet. Cost includes

supervision, transportation, lessons, and the skateboard (which you keep)! Space is limited.

Gleneagles Community Centre

Mon-Fri	8Y - 12Y	\$285
349692	Mar 12-16	9am-3pm
349698	Mar 19-23	9am-3pm

Skateboard Jam Camp

For all ability levels. Learn the basics of skateboarding or learn a few new moves. Skills that will be covered include; stance, coasting, braking, turning, and tricks! Riding will be practiced at local indoor and outdoor skate parks.

Participants are required to bring their own skateboard and helmet. Cost includes transportation and indoor skate park fees.

Gleneagles Community Centre

Tue-Fri	8Y - 12yrs	\$145
349718	Mar 13-16	9am-3pm
349719	Mar 20-23	9am-3pm

Mountain Bike Stump Jumpers Camp

Level 1 - Stump Jumpers. Ideal for children who have basic bike handling skills and are comfortable on the street. Course will include braking, cornering, climbing, descending, balance skills, manoeuvring over and around small obstacles, safety rules and trail etiquette. Moderately paced climbing.

Gleneagles Community Centre

Mon-Fri	6Y - 10Y	\$165
349723	Mar 12-16	9am-12pm
349767	Mar 19-23	9am-12pm

Spring BreakOut





Mountain Bike Rippin Riders Camp

Level 2 - Rippin' Riders. Participants will learn to ride on trails with larger obstacles, ramp riding and climbing and descending more technical terrain. Good bike handling skills required. Must be able to ride at a steady pace and preferably have completed Level 1 Stump Jumpers.

Location TBA

Mon-Fri	8Y - 12Y	\$210
349772	Mar 12-16	1pm-5pm
349774	Mar 19-23	1pm-5pm

Spring Break Surf Camp

Learn to surf in beautiful Tofino on Vancouver Island. Low student-instructor ratios equals surfing success. This four day, fully serviced camp is suitable for those who have surfed before or for the absolute beginner. Cost includes transportation, lessons, rentals, accommodation, and food. Please call for price if you have your own equipment. Space is limited.

Gleneagles Community Centre

M-Th	13Y - 18Y	\$495
349778	Mar 20-26	Overnight

Kay Meek Centre

Tuesdays with Morrie

Most of us have had the experience of that teacher, the one who alters the course of your life. This is the story of one of those teachers. Sixteen years after graduation, Mitch learns that his favourite professor is battling Lou Gehrig's disease. Mitch is reunited with Morrie and what starts as a simple visit turns into one last class in the meaning of life. Based on the best-selling book. "A touching, life-affirming, deeply emotional drama with a generous dose of humour" ~ New York Daily News

Monday, March 12, 8:00pm

Call the Kay Meek Centre box office to reserve tickets, 604-913-3634.

Samad & Banafshe

A musical comedy in regards to the Persian New Year.

Thursday, March 15, 8:00pm presented by Shahar Theatre

Tickets available at 604-841-8555

Tickets \$40.00

MOVIES AT THE MEEK

- Ballets Russes

Ballets Russes is a fascinating and intimate portrait of the Ballets Russes dance company, which completely revolutionized dance in the first half of the twentieth century. Ballets Russes will charm audiences with this glamorous story of the most influential, illustrious and beloved dance company of all time. "You do not need to be a balletomane to enjoy Ballets Russes, one of the most engrossing and delightful films I've seen this year."

- Philip French, The Observer

Tuesday, March 20, 7:30pm

Call the Kay Meek Centre box office to reserve tickets, 604-913-3634



March 10-24

West Vancouver Memorial Library

Sign-up begins March 1. Phone 604-925-7408 to register for these free programs.

MAD SCIENCE presents Dr. Suess's Bartholomew & the Oobleck

Find out how deception and science can be used to perform magic tricks. See amazing substances like 'Scaredy Cat Powder', 'Paper That Burns in a Flash', and 'Invisible Light'. Get to make your own sample of 'Oobleck' to take home.

Thu	6Y-12Y	Free
March 15	2:00pm-3:00pm	

TEEN MOVIE NIGHT @ THE LIBRARY

Bring your friends to a night of great cinema after hours at the library. Organized and refreshments provided by the library's Teen Advisory Group.

Fri	13Y-18Y	Free
March 16	6:15pm-8:30pm	

FULL OF BEANS

An action-packed hour of fun with schoolyard games, clapping songs and skipping rhymes.

Tue	6Y-9Y	Free
March 20	2:00pm-3:00pm	

Community Contacts

Ambleside Youth Centre

By the SPCA at Ambleside Park
Tel: 604-925-7233

Teen Drop in Hours: Wed 3-6pm, Thu 3-9pm,
Fri 3-11pm, Sat 1-11pm

Aquatic Centre

2121 Marine Drive, V7V 4Y2
Tel: 604-925-7210, Fax: 604-925-5944

Arena

786 22nd Street, V7V 4B9
Tel: 604-925-7250, Fax: 604-

Ferry Building Gallery

1414 Argyle Avenue, V7T 1C2
Tel: 604-925-7290, Fax: 604-925-5913

Fields

Information and Booking
Tel: 604-925-7081, Fax: 604-925-5978
Field Hotline 604-925-7209

Gleneagles Community Centre

6262 Marine Drive, V7W 2S5
Tel: 604-921-2100, Fax: 604-921-2109

Gordon House Playcare Centre

Corner of 21st Street and Gordon Avenue
Tel: 604-925-7270, Fax: 604-925-5949

West Vancouver Gymnastic Centre

1431 Clyde Avenue
Tel: 604-925-7270

Kay Meek Centre

1700 Mathers Avenue, V7V 2G7
Tel: 604-913-3634, Fax: 604-913-3624

Klee Wyck

200 Keith Road, V7T 1L3
Tel: 604-925-7260

Lighthouse Park

Sk'iwitsut House
Tel: 604-921-2100

Memorial Library

1950 Marine Drive, V7V 1J8
Tel: 604-925-7400, Fax: 604-925-5933

Municipal Hall

750 17th Street, V7V 3T3
Tel: 604-925-7000, Fax: 604-925-5999

Museum & Archives

680 17th Street, V7V 3T2
Tel: 604-925-7295, Fax: 604-925-5915

Silk Purse

1570 Argyle Avenue, V7T 1A1
Tel: 604-925-7292

How are we doing?

We are always looking for feedback on the effectiveness of our publications.
Please send your comments to: comservices@westvancouver.ca

Kids and the Environment – Sustainable Solutions!

Complete this form and return it to the Aquatic Centre by March 31, 2007,
and receive a Free Drop-in Pass to Community Services Facilities

Name: _____ Parent Signature: _____

- Bring a lunch which creates no waste every day of Spring Break. No throwing out plastic, juice boxes and pop cans.
- Re-use your lunch bag/box and drink containers during Spring Break.
- Eat a piece of unpackaged, organic fruit three days in one week during Spring Break.
- Walk, cycle or take the bus to activities during Spring Break.
- Go vegetarian for a day during Spring Break.

List 4 other ways that you and your family can help the environment.

- 1 _____
- 2 _____
- 3 _____
- 4 _____

Become part of the solution to the greatest challenge of our lifetime!

 community
services



Recreation For All

building community