

Ready... Set... Ouch!



Safety equipment will protect your child in a fall.



Snowboarding helmet



Cycling helmet



Wrist guards, elbow and knee pads

Children who play team or contact sports are more prone to facial injuries. Protective gear can save your child's face, eyes and teeth from permanent damage.



Mouth guard



Hockey helmet with cage



This message is brought to you by SafeStart and the Emergency Department of BC Children's Hospital.
For more information call 604-875-3273
or visit www.bcchildrens.ca/safestart

