

CORPORATE

You invest a lot in your team –
why not get the best possible return?

BENEFITS OF A YMCA-BASED HEALTH AND WELLNESS PROGRAM FOR EMPLOYERS

- Improved productivity and employee morale
- Improved job satisfaction and team spirit
- Reduced absenteeism and turnover
- Reduced benefit costs

Employees who commit
to fitness routines
become healthier, happier
and more productive.

Studies show
that health
and fitness
in the workplace
is good for staff
and employers.



BENEFITS OF A YMCA-BASED HEALTH AND WELLNESS PROGRAM FOR EMPLOYEES

- Better health
- Improved ability to cope with stress
- Increased mental and physical stamina
- Improved concentration and decision-making
- Better morale and teamwork
- In house health and nutrition seminars
- Education on injury prevention in the workplace
- Access to wellness coaches



WELLNESSES

TOOLS THAT WORK FOR YOUR COMPANY

- Tong Louie Family YMCA offers customized billing (membership and joining fees) and flexible cancellation and hold policies.
- Access monthly or quarterly facility usage tracking to show how your investment is paying off.
- Members have full access to YMCA's throughout Canada and the United States.

Our corporate membership provides employees with a 10% discount when 10 or more employees join the YMCA's in Greater Vancouver.

In today's job market, benefits that matter to staff and improve performance just make sense.

AN ORGANIZATION YOU CAN BELIEVE IN

- Tong Louie Family YMCA is a non-profit charitable organization that is committed to the overall health and wellness of all individuals and the community as a whole.
- No one is turned away from the YMCA due to financial circumstances.



The Tong Louie Family YMCA has something for everyone on your team. Contact our Sales Manager at 604-575-5501 to find out how belonging to the Tong Louie Family YMCA can work for your company.

The discounted rate is available when joining at the following YMCA locations:

Tong Louie Family YMCA
14988 57 Avenue
Surrey, BC V2S 7S6

Robert Lee Family YMCA
955 Burrard Street
Vancouver, BC V6Z 1Y2

Langara Family YMCA
282 West 49th Avenue
Vancouver, BC V5Y 2Z5

Chilliwack Family YMCA
45844 Hocking Avenue
Chilliwack, BC V2P 1B4

Lifestyle coaching and exercise programs are included with membership

"Having a YMCA membership has paid big dividends to me both personally and professionally."

Marty Reynolds

